Pole Vault Training Camp





14th - 15th February 2018

10.00am till 3.00pm

About Us

The North East Pole Vault Academy is open to all and was established to support the training needs of the clubs across the North East.

The primary purpose of the academy is to help raise the profile and standards of the sport and get more people involved in the sport.

The head coach is Chris Boundy who has been involved in the sport as an athletes and coach for over 20 years. Chris is currently a mentor to other coaches from clubs within the North East and is supported by Ellie Spain (National Mentor England Athletics)

Since the academy started there have been many athletes and many UK champions; Mark Christie, Sally Scott, Tim Parkin and Charlie Myers have all been part of the academy and gone on to compete and achieve at the highest level.

Any Questions; 07825700776



@NorthEastPVA

Pole Vault Camp

- **2 days** of coaching including pole vaulting, gymnastics, vaulting specific conditioning and much more
- Access to all vaulting equipment
- Two separate training groups led by qualified and experienced coaches with a maximum of 12 athletes per group
- Cost is £40 per athlete (lunch not included)
- Venue Gateshead College Academy for Sport,
- Neilson Road, Gateshead, NE10 0EF
- Opportunity to progress and join the North East Pole Vault Academy training groups
- <u>To book please</u> visit our website www.nepva.co.uk/ bookonline.html





