WINTER FIXTURE LIST

OCTOBER

Mon 1/12 Schools Cross County Cup preliminary round

Sat 6 ERRA 6 & 4-Stage & Young Athletes Road Relays Sutton Coldfield

Sat 6 Kielder 10k

Sun 7 Kielder Marathon & Half Marathon

Sun 7 Start Fitness NEHL Druridge Bay

Sun 7 Great Cumbrian Run Half Marathon Carlisle

Sat Oct 13 Jarrow Minors XC

Sun 14 Richmond Castle 10k

Sun 14 York Marathon

Sun 14 NYSD Harrier League Middlesbrough, Acklam

 Sat 20 Northern Cross Country Relay Champs Sheffield

Sun 21 Run Northumberland Castles Marathon & Half Marathon Alnwick

Sat 27 BMAF Cross Country Relays, Long Eaton

Sat 27 Sherman Cup and Davison Shield South Shields

Sun 28 Run Northumberland Hexham 10k & 5k

Sun 28 Locke Park 20 Redcar

NOVEMBER

Sat 3 English National Cross Country Relays Mansfield

Sun 4 22nd Gibside Fruit Bowl Trail Race Gibside

Sun 4 NYSD Harrier League Whitby

Sun 4 Derwentwater 10m Keswick

Sun 4 Leeds Abbey Dash 10k

Sat 10 Schools Cross Country Regional Rounds Various

Sun 11 Run Hamsterley 10 & 5 miler

Sun 11 Heaton Harriers Memorial Races Newcastle

Thur 15 Gateshead College Series – Indoor meeting Gateshead College

Sat 17 Start Fitness NEHL Aykley Heads

Sat 17 **British & Irish Masters Cross Country International** Swansea

Sun 18 NYSD Harrier League Preston Park, Eaglescliffe

Sun 18 Brampton to Carlisle 10 mile Road Race

Sat 24 UKA European Cross Country Trials Liverpool

Sat 24 Schools Cross Country Cup Final Woodbridge School, Suffolk

Sat 24 Elswick Harriers Road Relays Gosforth Park

Sun 25 Run Northumberland Big 10 miler Ponteland

DECEMBER

Sun 2 Hexhamshire Hobble Fell Race Allendale

Sun 2 NYSD Harrier League New Marske Harriers

Sun 2 Blyth Sands Handicap Race

Sun 2 NYSD Harrier League Summerhill, Hartlepool

Sat 8 North Eastern Counties Cross Country Wrekenton

Sun 9 European Cross Country Championships Tilburg, Holland

Thur 13 Gateshead College Series – Indoor meeting Gateshead College

Sun 16 Loftus Christmas Poultry Run Loftus

Sat 22 Ronnie Walker Saltwell 10k Gateshead

JANUARY

Tues 1 Morpeth Harriers 11k Road Race

Sat 5 Start Fitness NEHL

Sun 6 Old Monks 5.5-mile MT

Sat/Sun 12/13 Northern Athletics Senior/U20/ U17 Indoor Champs Sheffield

Sun 13 Durham Cathedral Relays Durham

Tues 15 Northumberland Schools Cross Country Champs

Thur 17 Gateshead College Series – Indoor meeting Gateshead College

Sat 19 Durham Schools Cross Country Championships

Sun 20 NYSD Harrier League Ormesby, Middlesbrough

Sat 26 Northern Athletics Cross Country Champs Pontefract

FEBRUARY

Sat 2 Schools Inter County Cross Country

Sat 2 BUCS XC Championships Exeter

Sat 3 Northern Athletics U15/U13 Indoor Champs Sheffield

Sat 2 North East Masters Cross Country Champs Wallsend

Thur 7 Gateshead College Series – Indoor meeting Gateshead College

Sat 9 Start Fitness NEHL Thornley Hall Farm Peterlee

Sat 16 Royal Signals NECAA Road Relays Hetton

Sat 16/17 NECAA Indoor Track and Field Championships Gateshead College

Sun 17 NYSD Harrier League Old Race Course Richmond

Sat 23 English National Cross Country Champs Harewood, Leeds

MARCH

Sat 2 Start Fitness NEHL Alnwick

Sun 3 BMAF XC Championships, Malone N Ireland

Sat 9 UK Inter-Counties Cross Country Loughborough

Sat/Sun 9/10 BMAF Indoors Lee Valley

Sun 10 NYSD Harrier League Road Relays Richmond

Thur 14 Gateshead College Series – Indoor meeting Gateshead College

Sat 16 English Schools Cross Country Championships Chelmsford

**Sun 17 NECAA/Open Indoor Pentathlon Gateshead College**

Sun 24 North Athletics 12 & 6-stage Road Relays Champs Birkenhead

APRIL

Sat 6 ERRA 6/12-Stage Road Relay, Sutton Coldfield

Sun 7 Blyth Valley 10k Road Race incorporating British Masters 10k

Sun 7 Hartlepool Sun Marina 5-mile RR Hartlepool

Fri 19 Elswick Good Friday Road Races

Sun 21 North Tyneside 10k

Sun 28 Wallsend 5k

Sun 28 London Marathon