

LEVEL 2 COACH

RESPONSIBILITIES

TO SUPPORT ATHLETES TO BE CLEAN AND STAY CLEAN, A GREAT COACH WILL:

- Coach and advise within the UK Anti-Doping Rules and principles of clean sport
- Support athletes to train and compete within the UK Anti-Doping Rules and principles of clean sport
- Encourage and promote a healthy lifestyle and diet, both in and out of sport
- Check rules of all competitions to see what anti-doping procedures may be occurring and inform athletes accordingly
- Advise athletes to know their anti-doping rights and responsibilities



- Be able to accompany an athlete during the testing procedures as the athlete's representative



- Act as a role model and ambassador for Clean Sport
- Reinforce the inherent values of sport in all athletes
- Report, confidentially if preferred, any suspected doping activity via Protect Your Sport and associated methods
- Commit to keeping updated in anti-doping rules and principles



As a coach you have a significant influence on all athletes you coach. Your coaching philosophy, coaching environment, attitudes and behaviours will have an impact.

